

What informs our curriculum...

We aim to train reflective scientist-practitioners to meet the workforce needs of Northern Ireland

The content is informed by:

- Standards of proficiency HCPC
- BPS guidance
- Feedback from services
- Quality assurance methods (e.g., trainee feedback)

Many key stakeholders who continuously review our teaching content:

- Curriculum Panel representatives of BPS DCPNI SIGs
- Trainees
- Experts by experience
- School of Psychology
- External Examiners



Academic Modules

- There are three academic modules corresponding with each year of the programme:
 - PSY9053 Clinical Psychology 1
 - PSY9054 Clinical Psychology 2
 - PSY9055 Clinical Psychology 3
- There are four summative assessments associated with each module:
 - Clinical Essay (25%) & Clinical Report 1 (75%)
 - Clinical Report 2 (100%)
 - Advanced Clinical Presentation (100%)

Topic Streams

Year 1 Clinical Psychology 1

Year 2 Clinical Psychology 2

Year 3 Clinical Psychology 3 Stream 1.

Clinical Presentations Stream 2.
Assessment &
Formulation

Stream 3.

Intervention methods

Stream 4.
Personal and professional development

PSY9053 Clinical Psychology 1

- Clinical Presentations
 - Anxiety, Depression, PTSD, OCD etc.
- Assessment and Formulation
 - AMH assessment, Risk, CBT formulation etc
- Intervention Methods
 - CBT, Psychodynamic, CFT etc
- Personal & Professional Development (PPD)
 - Personal Awareness Groups (PAG), Reflection and Context in Practice (RCP)

PSY9053 Clinical Psychology 2

- Clinical Presentations
 - Emotional-behavioural presentations in children/adolescents, Autism
- Assessment and Formulation
 - Assessment of Intellectual Functioning in ID, Memory
- Intervention Methods
 - Systemic therapy, PBS in Intellectual Disability
- Personal & Professional Development (PPD)
 - Culturally sensitive therapy, working with interpreters, PAG, RCP

PSY9053 Clinical Psychology 3

Schema Focused Cognitive Therapy 1

Schema Focused Cognitive Therapy 2

Schema Focused Cognitive Therapy 3

Schema Focused Cognitive Therapy 4

Compassionate Resilience 1

Compassionate Resilience 2

Advanced Acceptance and Commitment Therapy 1

Advanced Acceptance and Commitment Therapy 2

Psychodynamic 10: Processes in clients with complex needs

Psychodynamic 11: Mentalisation-Based Therapy

Psychodynamic 12: Brief Psychodynamic Therapy

Psychodynamic 13: Child Psychotherapy 1

Psychodynamic 14: Child Psychotherapy 2

Psychodynamic 15: Child Psychotherapy 3

Psychodynamic 16: Group Analysis

Psychodynamic 17: Transference and Countertransference

Trauma Processing Therapies 1 & 2

CBT 19: Advanced CBT Protocols

Supervision Skills 1

Supervision skills 2

Brain injury rehabilitation in the community setting

Formulation and Treatment in Clinical Health Psychology

EMDR (10 places – optional)

Teaching days...

There are regular teaching days:

- Teaching days comprise 4 x 1.5 hour sessions
- Number of teaching days varies across the year:
 - An initial block, then one or two days per week
 - Teaching runs from Sept June

Teaching is generally led by experts in the field:

- Clinical psychologists in the HSC
- Course team staff
- Guest lecturers ... international experts





What we aim to cover and achieve in our teaching...

- Provide trainees with high quality, expert teaching that forms the foundation for skills they will further develop and implement in clinical placements
- Provide trainees with the opportunity to practice, reflect, and develop understanding of skills associated with assessment, formulation, and intervention
- Provide gold standard teaching materials and skills that can be consulted and used by trainees in their post-qualification career
- Provide a secure academic base during training within a university setting and among colleagues who share their experience

| | Module | Topic | Contributor |
|-----------------------------|--------------------------|--|-----------------|
| Mon 6 Oct 9.30-11.00 | Clinical Psychology 1 | Post-traumatic stress 1 | Kevin Dyer |
| 11.15- 12.45 | Clinical Psychology 1 | Post-traumatic stress 1 | Kevin Dyer |
| 1.45-3.15 | Clinical Psychology 1 | CBT 8: Behavioural Activation | Alison McKenna |
| 3.30-5.00 | Clinical Psychology 1 | CBT 8: Behavioural Activation | Alison McKenna |
| Tue 7 Oct 9.30-11.00 | Clinical Psychology I | Therapeutic skills 2 | David Curran |
| 11.15- 12.45 | Clinical Psychology 1 | Therapeutic skills 2 | David Curran |
| 1.45-3.15 | Clinical Psychology 1 | Clinical case notes and correspondence | Kevin Dyer |
| 3.30-5.00 | Clinical Psychology 1 | Clinical case notes and correspondence | Kevin Dyer |
| Wed 8 Oct 9.30-11.00 | Clinical Psychology 1 | Psychometric Assessment 1 | Dario Barsalini |
| 11.15- 12.45 | Clinical Psychology 1 | Psychometric Assessment 1 | Dario Barsalini |
| 1.45-3.15 | Clinical Psychology 1 | Self-care in clinical practice | Laura Thompson |
| 3.30-5.00 | Clinical Psychology 1 | Self-care in clinical practice | Laura Thompson |



Summary

 Substantive amount of expert-led, tailored teaching to fully resource trainees for their clinical work as well as develop reflective and scientist practitioner skills pertaining to relevant social issues

- Teaching spans across the three years within teaching blocks and alongside placements
- Teaching delivered mainly by clinical psychologists working in the HSC who are experts in their field
- Focus is to develop theory-practice links in assessment,
 formulation and intervention across the life span
- Assessment methods are topical essays, case studies, and case presentations reflecting knowledge and actual clinical work



